

# CEREDIGION PLAY SUFFICIENCY ASSESSMENT 2025

**Executive Summary** 









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### 6. Our Plan for the Future



### 1. Play Sufficiency in Ceredigion: An Overview

#### United Nations Convention on the Rights of the Child, Article 31

"Children have the right to play and to join in other recreational activities. The state shall protect and ensure this right, taking into consideration the importance of play for children's development and well-being."

#### Welsh Government and Play Policy

In 2004, Welsh Government formally adopted the United Nations Convention on the Rights of the Child (UNCRC) as the basis for its policymaking related to children. This includes recognizing the importance of play in children's development and well-being. Welsh Government established a multidisciplinary Play Policy Implementation Group to make recommendations for how play should develop in Wales.

In 2010, Wales became the first country in the world to pass legislation that required local authorities to assess and provide enough opportunities for children to play. This legislative duty, included in the Play Opportunities section of the Children and Families (Wales) Measure 2010, was implemented in two stages. In November 2012, the first stage required local authorities to assess the availability of play opportunities in their areas, and by July 2014, the second stage began, requiring local authorities to ensure, where reasonably possible, that enough opportunities for children to play are provided.

#### **Ceredigion County Council's Commitment to Play**

Ceredigion County Council recognises and supports every child's right to play, aligning with Welsh Government's legislation and commitment to ensuring children have sufficient opportunities for play. Ceredigion County Council aims to encourage and support communities in creating and developing environments where children and young people can engage in play and where adults recognise and promote the value of play.





Play is a fundamental contributor to achieving Ceredigion's Corporate Strategy Wellbeing Objectives:

- Creating Caring & Healthy Communities
- Providing the Best Start in Life and Enabling Learning at All Ages
- Creating Sustainable, Green and Well-Connected Communities

These objectives are supported by commitments such as:

- Ensuring children have access to after-school, evening, and weekend activities, including freely chosen and self-directed play.
- Encouraging people of all ages to engage in social and physical activities that support health and well-being.
- Supporting children to develop foundational movement skills, learn to swim, and thrive in inclusive play environments.
- Tackling rural deprivation and enabling communities to create equitable play opportunities.

The Play Sufficiency Assessment (PSA) 2025 continues Ceredigion's commitment by building on the work undertaken in 2022. This report provides a comprehensive overview of play opportunities across the county and outlines actionable steps to further embed play into Ceredigion's culture and communities.

#### **Ceredigion's Natural Environment and Play Opportunities**

As a predominantly rural county, Ceredigion is fortunate to have a rich natural environment that supports play. With a variety of landscapes, including mountains, beaches, and vast green spaces, Ceredigion provides numerous opportunities for outdoor activities. In addition to its stunning natural surroundings, Ceredigion boasts 73 parks and play areas, offering plentiful spaces where children can engage in play. These diverse environments serve as key resources for encouraging physical activity and enriching children's play experiences.



#### Our Journey: Progress since 2022

Since the completion of the Play Sufficiency Assessment 2022, Ceredigion County Council has worked collaboratively with partners and communities to enhance play opportunities across the county. These achievements reflect our commitment to creating safe, inclusive, and accessible spaces where children and young people can thrive through play.

Here are some of the key highlights of what we have accomplished since 2022:

- We have improved play provision in rural areas by working with partners to deliver more outreach activities.
- We have improved Welsh Language play provision by delivering play opportunities in Welsh throughout Ceredigion.
- We have provided single-gender play opportunities across the county.
- We have created accessible play opportunities for Young Carers.
- We have carried out Play Value Assessments and Access Audits at all parks and play areas in Ceredigion.
- We have helped Play Providers improve their play areas to offer rich play opportunities.
- We have delivered Play Level 1 and Level 2 courses for volunteers and staff in Ceredigion
- We have included play development responsibilities in all Physical Activity and Play staff job descriptions.
- We have continue to build strong working relationships with key partners
- We have promoted play within the Local Authority at a strategic level.

#### **Statutory Requirement for Play Sufficiency Assessments**

Between 2022 and 2025, the PSA template has been restructured around four key themes that influence children's play experiences. These themes include:

- 1. Population
- 2. Places where children play
- 3. Supervised provision
- 4. Policy synergy, engagement, advocacy, and information

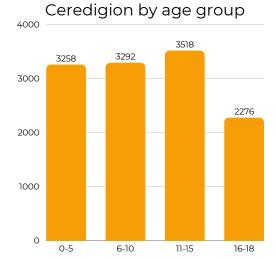
This process is part of the statutory duty that requires local authorities to assess and report on the availability and sufficiency of play opportunities for children in their areas. This ensures a comprehensive understanding of the factors that impact children's access to play, enabling the development of targeted action plans to address any gaps in provision.

#### The Play Population in Ceredigion

Ceredigion covers an area of 1,900 km<sup>2</sup> and is largely rural, consisting of agricultural land, moorland, and forestry. To the west, the county is bordered by coastline, and to the east, the upland areas make up a significant portion of the Cambrian Mountains.

The Office for National Statistics (ONS) midyear estimates for 2023 place Ceredigion's population at 73,050, with 12,344 children aged 0-18. The chart on the right provides a breakdown of the number of children in Ceredigion by age group.

According to Welsh Government's 2018based population projections, Ceredigion's child population is expected to decrease by 12.7% by 2043.



Number of children in

In terms of ethnicity, of the 12,572 children in Ceredigion, 94% are white, with 326 identifying as mixed or multiple ethnic groups, 237 as Asian or Asian British, 94 as black, African Caribbean, or black British, and 101 as other ethnic groups.

In 2022, 3,930 children in Ceredigion were living in poverty. Additionally, 811 pupils in the county have special educational needs, equating to 12.2% of all pupils.

The Welsh language remains an integral part of life in Ceredigion, with 71.8% of children aged 3-15 able to speak Welsh, according to the 2021 Census.

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children living	of children	of s
in Ceredigion	are living in	pupi
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Approx. 12% of school pupils have Additional Learning Needs.

Approx. 72% of children aged 3-15 are able to speak Welsh.



## 2. Who's Involved in the PSA?

The Play Sufficiency Assessment 2025 was undertaken by the Wellbeing Centres Service on behalf of Ceredigion County Council. To ensure a comprehensive overview of play sufficiency across Ceredigion, we engaged with a range of internal and external partners. These partners helped to provide a diverse perspective on the current provision and gaps in play services. Below is a table listing the key internal and external collaborators.

Internal Partners	External Partners
<ul> <li>Policy &amp; Performance</li> <li>Childcare</li> <li>Economy &amp; Regeneration</li> <li>Safe &amp; Active Travel</li> <li>Health &amp; Safety</li> <li>Early Intervention</li> <li>Libraries</li> <li>Leisure and Wellbeing Centres</li> <li>Physical Activity and Play Service</li> <li>Theatr Felinfach</li> <li>Youth Service</li> <li>Schools Service including Wellbeing, ALN Inclusion and Community Partnerships</li> <li>Tim Plant Anabl</li> <li>Flying Start</li> <li>Cered</li> </ul>	<ul> <li>DASH</li> <li>RAY Ceredigion</li> <li>CAVO</li> <li>Family Centres</li> <li>Plant Dewi</li> <li>Jig-so</li> <li>West Wales Housing Association</li> <li>Sustrans</li> <li>Mudiad Meithrin</li> <li>Private Cylchoedd/playgroups</li> <li>School-based Cylchoedd/ playgroups</li> <li>Community Associations who run parks and play areas</li> <li>Town and Community Councils</li> <li>Credu Charity</li> <li>NHS Children and Disabilities Health Team</li> <li>Disability Sport Wales</li> </ul>



In addition to these internal and external collaborators, insights were gathered from children and young people across various events.

The Play Sufficiency Assessment 2025 was presented to the Healthier Communities Overview and Scrutiny Committee on 5 March 2025 before being approved by Cabinet on 1 April 2025.

## 3. How We Gathered Our Insights

In order to ensure that we gathered a wide range of diverse opinions and accurately assessed the play sufficiency in Ceredigion, we used a variety of methods to collect information. These included desktop research, discussions with a range of professionals and organisations (both internal and external), and consultations with children and young people, town and community councils, primary schools, and preschool childcare settings, playgroups, and family centres.

#### **Internal and External Partners**

To begin the process, we identified a broad range of internal and external partners who are involved in play provision across the county. We invited a selection of these partners to come together to undertake a skills audit and a SWOT analysis. This helped us identify strengths, weaknesses, opportunities, and threats related to the four key themes identified in the Play Sufficiency Assessment (PSA):

- 1. Population the needs and demographics of children in Ceredigion.
- 2. Places where children play the availability and accessibility of play spaces and resources.
- 3. Supervised provision the availability of organized and safe play opportunities for children.
- 4. Policy synergy, engagement, advocacy, and information the alignment of policies, communication strategies, and advocacy efforts related to play.

From this group of organisations, we identified a core set of people who were willing and able to join us in setting up a PSA working group. This group would be responsible for monitoring the findings, discussing the necessary actions, and tracking progress toward fulfilling those actions over the course of the next three years.



#### **Children and Young People**

Ensuring that children and young people's voices were heard was a key part of the process of completing the Play Sufficiency Assessment. To capture their perspectives on play opportunities in their communities, we conducted the Big Play Survey with children and young people across Ceredigion.

#### RAY Ceredigion Holiday Activities

These activities were held at three locations: one in the north, one in the south, and one in the central area of Ceredigion. A total of 79 children and young people, aged between 0 and 16 years, participated. Of the participants, 48 were female and 31 were male.

Data was gathered during activity sessions across the county. RAY Ceredigion staff guided children and young people through the survey using an accessible format that allowed participants to easily select their responses. The questions were designed to be straightforward and easy to understand, with symbols incorporated from an easy-read format to support understanding. Participants used sticker dots to indicate their answers, making the process interactive and child-friendly.

#### insport Disability Event and Inclusive Families Sessions

The insport Disability Event was co-hosted with Disability Sport Wales and held in the south of the county. In addition, three Inclusive Families Sessions took place across the county: one in the north, one in the mid, and one in the south. A total of 44 participants, aged between 0 and 19, took part, with 31 male participants and 13 female participants.

A similar approach was used for both the Inclusive Families Sessions and the insport Disability Event. Questions were asked verbally to participants, with their families often joining the discussions. A Ceredigion Active staff member recorded the responses in a tally format to ensure accuracy and participation from all involved.



#### Secondary Age Students

Secondary age participants were recruited through physical activity and play sessions, youth clubs run by the youth service, and direct engagement by Ceredigion Active staff and apprentices. A total of 87 young people, aged 11 to 16 years, completed the survey. Among these, 56 were male and 31 were female. The survey was conducted online using Microsoft Teams and was available in both Welsh and English. In addition to the questions asked of other groups, a specific question was included about how often students meet or play with friends online. Ceredigion Actif staff and youth service staff used their devices to assist students in completing the survey.

#### Preschool Settings, Cylchoedd/Playgroups, and Family Centres

As part of the Play Sufficiency Assessment 2025, we also asked 59 preschool settings, playgroups/Cylchoedd, and family centres in Ceredigion to gather insights into their provision of play opportunities. An online survey was designed to capture information on various aspects of play provision, including participation in Ceredigion Actif projects, perceived barriers to play, and suggestions for improving play opportunities.

The survey was distributed to the settings via email, with a request for completion within a specified timeframe. We received 18 responses from these settings, resulting in a response rate of 31%. While this is a relatively low response rate and does not reflect the entirety of the county, the feedback received was varied and insightful, offering a valuable glimpse into current play provision. Respondents included:

- 11 Cylchoedd Meithrin,
- 3 family centres, and
- 4 playgroups.

This varied representation allows us to consider the perspectives of different types of early years settings, although gaps remain in achieving a fully comprehensive overview.



#### **Primary Schools**

As part of the Play Sufficiency Assessment 2025, we consulted with 39 primary schools in Ceredigion to gather insights into the role of play within the school environment. An online survey was designed to capture information on various aspects of play provision, including the proportion of time dedicated to play, barriers to play, and existing play policies and practices. The survey was distributed to schools via email, with a request for a staff member to complete it within a specified time frame. A total of 14 responses were received, resulting in a response rate of 36%. While the responses provided valuable insights into primary school play provision, it is important to note that the relatively low response rate means the findings cannot be considered fully representative of all primary schools in the county. Caution should be exercised when interpreting the results.

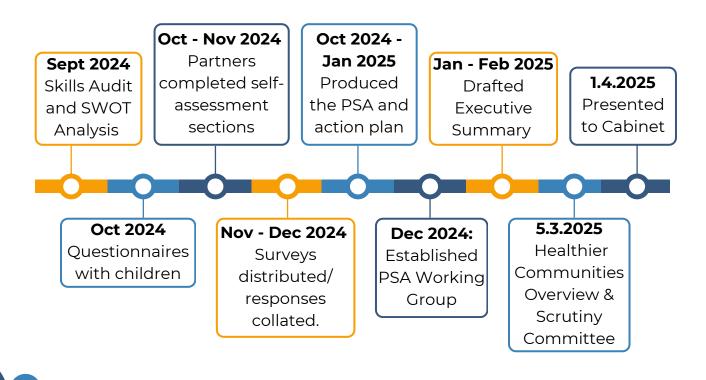
#### **Town and Community Councils**

Ceredigion has 73 parks and play areas, nearly all of which are managed by town and community councils and community groups. To gather insights from these councils, we designed a short online survey in both Welsh and English. The survey was sent to the clerks of all 51 town and community councils in Ceredigion and asked about play opportunities, planned projects, community engagement, and barriers to play in their areas.

We received 8 responses, providing valuable insights into the current state of play provision. However, it is worth bearing in mind that the low response rate means that the information cannot be generalised across the county and is not a representative sample of all town and community councils.

#### Timeline

The timeline below provides a concise summary of the steps taken to complete this important work.

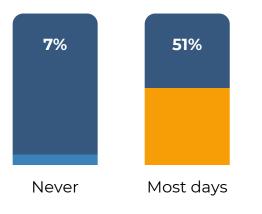


## 4. What we Found Out

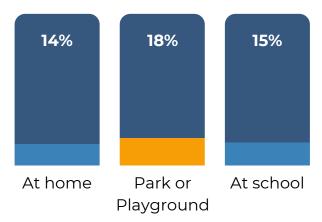
#### **Children and Young People**

A total of 210 children and young people aged 0 to 19 took part in our Big Play Survey 2024. Of these, 118 were male and 92 were female. Here's what they told us about their experiences of play:

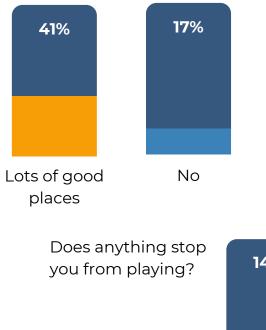
How often do you play/meet with friends?



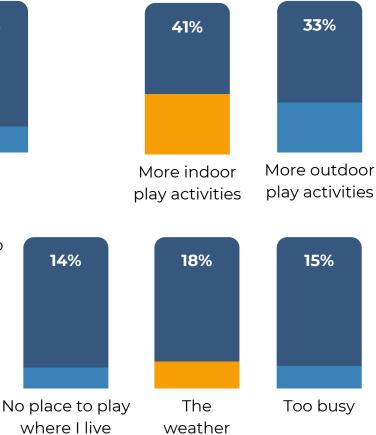
Where is your favourite place to play or meet?



Do you have enough safe places to play or meet where you live?



How can we help you play or meet with friends more often?





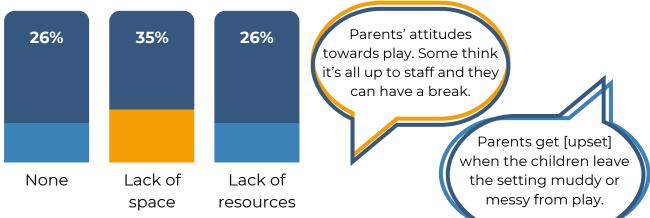




## Preschool Settings, Cylchoedd/Playgroups and Family Centres

We received 18 responses from preschool settings, Cylchoedd/playgroups, and family centres across Ceredigion. This feedback represents a valuable snapshot of perspectives from 11 Cylchoedd, 3 family centres, and 4 playgroups. Here's what we learned from their responses.

What is the biggest barrier to delivering or promoting play opportunities within your setting?

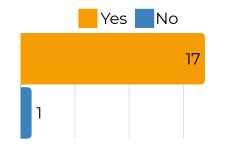


Has your setting taken part in previous Ceredigion Actif projects? Fit in 5, Actif Families or Blaze Pods?

<b>10</b> out of 18	<b>3</b> out of 18	<b>4</b> out of 18	<b>5</b> out of 18	9	said that they rec <mark>eived staff training for thes</mark> e projects
				3	said that they require additional staff training
Fit in 5	Actif Families	Blaze Pods	None		

Do you have a Play Policy?

Yes No 8 10 Would you be interested in taking part in a new project that could help develop Rich Play Environments in nurseries and family centres?





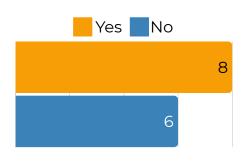
#### **Primary Schools**

We sent surveys to the 39 primary schools in Ceredigion, asking for their feedback on play opportunities. We received a total of 14 responses. Here's what we learned from the responses we received.

What is the biggest barrier to delivering or promoting play opportunities within your school?



Do you have a Play Policy?



Did any of your staff receive play mentoring training from Ceredigion Actif or RAY Ceredigion during the 'Rich Play Environment' Project?



Do your Young Ambassadors work with staff to deliver and promote play opportunities in your school?

The Bronze Ambassadors help with P.E. lessons. We need to develop their role out on the yard therefore we would appreciate any training for staff and children.



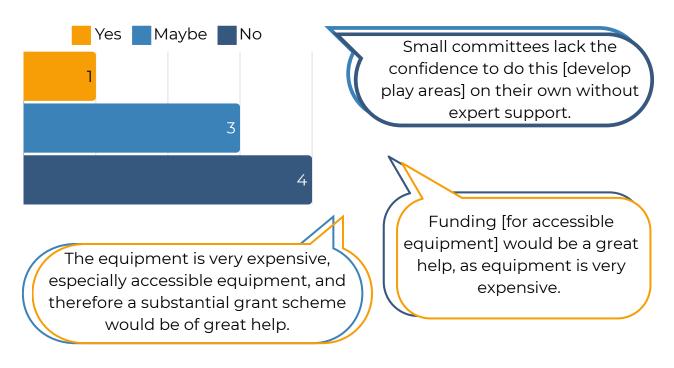


#### **Town and Community Councils**

We received 8 responses from town and community councils in Ceredigion. Their feedback highlighted some key themes and areas for consideration.



Do you think that the play options in your community are inclusive for children and young people with disabilities or additional learning needs.?



## 5. Understanding the Results

The information gathered through surveys, and through feedback from internal and external partners, highlighted areas where play provision could be improved. This section analyses the results of each individual survey as well as insights from our partners to highlight the most significant findings.

Several key themes emerged across multiple sources of information. The fact that these priorities were consistently identified across different sources reinforces their importance and the need to address them.

#### a. Children and Young People

The feedback from children and young people highlights both the strengths and challenges of current play provision in Ceredigion. While many children enjoy playing with friends most days, barriers such as a lack of safe places to play, limited access to suitable spaces in rural areas, and the weather are preventing some from engaging in regular play.

Key actions emerging from this consultation include:

- Improving play provision in rural areas: Although an improvement had been seen in the amount of provision in rural communities, there is still a lack of suitable play spaces in local areas, as well as a need to travel to access play opportunities. Enhancing provision in rural areas will help ensure that play opportunities are accessible to all children, regardless of their location.
- Enhancing communication about play opportunities: Children told us they want more indoor and outdoor play activities, and better communication will ensure families know what's available to them.
- Providing free or affordable weekend play opportunities: Feedback from the Inclusive Families sessions and holiday activities identified a need for , low-cost or free indoor weekend play opportunities.







#### b. Preschool Settings, Cylchoedd/Playgroups and Family Centres

Respondents to the Preschool Settings, Cylchoedd/ Playgroups, and Family Centres survey agreed that play is important, and they all actively promote it within their setting. However, 10 out of 18 settings do not currently have a play policy in place, which indicates an opportunity to support these settings in formalising and clarifying their approach to play.

The top barriers identified included lack of space, lack of resources, and concerns around parental attitudes and health and safety. While other barriers, such as parental attitudes, health and safety, and lack of expertise, were mentioned, they were each highlighted by only one respondent and therefore represent isolated challenges.

Many of the settings had opportunities to take part in Ceredigion Actif projects in the past 3 years, although three indicated that they require additional staff training on those projects. Seventeen settings indicated an interest in taking part in new projects to help develop a rich play environment, which highlights potential for collaboration in the future.

Key Actions identified as a result of this survey include:

- **Improving communication about play**: The comments we received regarding parental attitudes to play highlighted the need for communication on the benefits of play, particularly the benefits of risky play.
- **Develop a Play Policy:** In order to help settings formalise their approach to play, we will create and share an example play policy, which will provide guidance on how they can develop their own policy to suit their needs and then communicate it to staff, children, and families.



#### c. Primary Schools

The responses from primary schools across Ceredigion, provided insight into the play opportunities available and the challenges schools face in supporting play. The most commonly identified barriers were a lack of resources, concerns about risk and health and safety, and limited space for play. These findings highlight areas where additional support and guidance could help schools to enhance play provision.



Despite these challenges, one of the key positives was the impact of Bronze Young Ambassadors, with all schools reporting that their Young Ambassadors actively support staff in delivering and promoting play opportunities. Schools also expressed interest in additional staff training to further develop play provision.

The key areas for action which can be identified from this survey are:

- **Provide CPD opportunities:** Support the development of paid and unpaid playworkers through additional training.
- Improve communication about play: Focus on promoting the benefits of risky play and encouraging a more balanced approach to risk-taking.
- Create and share an example play policy: Work with schools to develop a clear, structured approach to play that can be shared with staff, children, and families.
- **Develop a Play Charter:** Work with children to create a commitment to play, promoting positive play experiences both in school and within local play areas.
- Introduce Yard Games: Share simple, resource-free games that schools can implement to maximise play opportunities with minimal cost.



#### d. Town and Community Councils

The feedback from town and community councils provides valuable insight into the play opportunities available across Ceredigion, as well as the challenges faced by the councils responsible for managing play parks.

The most commonly identified concerns were outdated equipment, lack of funding, and lack of public transport. Other challenges mentioned included dog mess, litter, rurality, and the use of play areas by other groups, such as adults, older children, and bullies.

There was also some uncertainty about whether current play opportunities were inclusive for children and young people with disabilities or additional learning needs. However, many councils expressed a desire to improve their provision and make their play areas more accessible and inclusive, with funding being cited as a major barrier. Key actions identified from this consultation include:

- **Improve play provision in rural areas:** Identify gaps in provision and explore opportunities to enhance access to play for children in rural communities.
- Work with key partners to support outdoor community activities: Collaborate with organisations to design and deliver sustainable outdoor play opportunities for children and young people.
- Support Town and Community Councils in grant applications: Continue to assist councils in accessing funding to improve and upgrade play equipment, with a particular focus on inclusivity.
- Work with children to develop a Play Charter: Encourage a shared commitment to positive and respectful use of play spaces by co-creating a Play Charter with children in local communities.



#### e. Internal and External Partners

Once information had been collated from internal and external partners, the PSA Working Group discussed the findings and identified key actions for improving play provision across Ceredigion. These actions are critical to addressing the gaps identified in the assessment and guide our focus moving forward. The key actions identified are:

**Improve play provision in rural areas:** Although several projects run by Ceredigion Youth Service successfully reach rural areas, the expansion of these services is often limited by available resources and funding. This restricts the ability to extend provision to even more rural areas, where access to play opportunities is often more challenging.

**Improve Welsh language play provision:** While there are strong policies supporting the Welsh language and culture across Ceredigion, challenges remain in ensuring widespread Welsh-language play opportunities. Ceredigion Actif, for example, offers bilingual services, as does the Youth Service, who also collaborate with other partners to provide Welsh language activities. However, external providers or visitors who don't speak Welsh can create a gap in provision, and financial and staffing limitations can affect the ability to hold activities entirely in Welsh.



**Ensure there are accessible play opportunities for young carers:** Ceredigion has demonstrated a strong commitment to young carers, notably with its recent Bronze Investors in Carers Accreditation Award. Many positive examples of play opportunities for young carers exist, often provided by Gofalu Ceredigion Carers. However, the availability of these services can be limited by age restrictions, as some activities require an adult to be present, which prevents the carer from having time away from their responsibilities. Furthermore, there is a lack of sufficient opportunities for young carers aged 11-18.



#### **Ensure there are single-gender play opportunities available:** Ceredigion provides several positive opportunities for girls, such as sports participation programs and community engagement, with girls-only activities offered through schools and afterschool clubs. The county also runs a Period Dignity Scheme aimed at addressing period poverty.

However, there remains a gap in female-only play opportunities during school holidays, which limits girls' ability to access activities that meet their specific needs during these times.

Refugee support workers report difficulties in providing single-gender activities for children, particularly in ethnic minority communities where cultural considerations may restrict participation in mixed-gender activities.

Work with key partners to design and deliver sustainable outdoor community activities: Feedback from partners highlighted the need for more sustainable activities rather than one-off events. Current sessions, such as the free fun activity days, are valuable but time-limited. Partners should work together to create long-term programmes that empower local groups and foster continuous engagement, ensuring these activities are not only sustainable but impactful in the long run.

#### Improve communication about play, including opportunities to play:

Although there are positive examples of communication, such as using the Dewis Cymru website to list community play parks and resources, information about play opportunities is often fragmented across multiple platforms. While social media channels are widely used to publicise events, there may be an over-reliance on these platforms. It is essential to explore alternative communication methods to ensure a more effective and inclusive approach to sharing play opportunities across Ceredigion.



### Enhance the play packs available in libraries to

**cover free or low-cost play ideas:** Ceredigion Actif has partnered with libraries across the county to provide free activity packs and balance bikes for families to loan. Given the current financial climate, these resources could be expanded to include ideas for free or low-cost play opportunities. There is a need to develop leaflets with low-cost game ideas and increase promotion of the play packs across Ceredigion.

## Provide free transport to key play events within Ceredigion: Transport emerged as a



recurring theme in the PSA, with concerns raised by partners about accessibility, particularly for rural communities, low-income families, families with disabled children, and those in areas of deprivation. Key play events, such as the Ray Ceredigion Play Day and the summer road show organised by Porth Cymorth Cynnar, provide valuable play opportunities across the county. However, transport barriers limit access for some families, especially those who live far from event locations. Offering free transport to these events would ensure greater participation, enabling children and families to access play activities and engage with supporting services.

## $\circ \circ \circ \circ \circ$

#### Summary of Key Findings

The surveys conducted across Ceredigion have provided valuable insights into the diverse experiences and perspectives of play within the community. The responses we received from children, parents, community stakeholders, and internal and external partners, have been instrumental in identifying key areas for improvement. These findings will now inform our action plan as we work towards addressing the identified needs and ensuring that all children in Ceredigion have access to quality, inclusive, and sustainable play opportunities.

## 6. Our Plan for the Future

Ceredigion County Council envisions a future where every child and young person has access to safe, inclusive, and diverse play opportunities. Our ambition is to create environments that support free and meaningful play, fostering physical, emotional, and social development. This vision is underpinned by the aspiration:

"That everyone in Ceredigion has the opportunity to play as part of a healthy and active life."

To achieve this, our approach focuses on four key objectives:

- To provide safe, accessible and inclusive play provision close to where people live
- To grow a confident, qualified a passionate play workforce
- To maximise funding opportunities for equitable and sustainable Play opportunities
- To ensure the voice of children & young people informs the Ceredigion Play Action Plan

Building on the insights gained from our partners and community consultations, this plan outlines a series of targeted actions designed to address key challenges and take advantage of opportunities to improve play provision.

The PSA working group will be responsible for monitoring progress towards the key steps identified, meeting annually to review and adapt strategies, ensuring that play continues to be an essential part of community well-being in Ceredigion.

#### **Core Actions**

- Improve play provision in rural areas. (Identified through Big Play Survey 2024)
- Improve Welsh Language play provision.
- Ensure there are accessible play opportunities for young carers.
- Ensure there are single-gender play opportunities available.
- Work with key partners to design and deliver sustainable outdoor community activities.

#### **Core Actions Continued**

- Provide important CPD opportunities for paid and unpaid play workers. (Identified through Big Play Survey 2024)
- Improve communication about play, paying particular attention to: (Identified through Big Play Survey 2024)
  - the benefits of play,
  - promoting opportunities to play,
  - the benefits of risky play and accepting risk as an integral part of children's play.
- Create and share an example play policy for schools and other settings, to clarify and communicate their approach to children's play. (Identified through Big Play Survey 2024)
- Continue to support Play Area Network and Town and Community Councils in grant applications to improve and upgrade play equipment and further develop inclusive provision. (Identified through Big Play Survey 2024)

#### Actions Resulting from Consultations

- 1. Encourage Leisure Centres/Wellbeing Centres to provide free/cheap weekend play activities. (Identified through Big Play Survey 2024)
- 2. Work with children to create a play charter (a commitment to play nicely) for their school and local play areas. (Identified through Big Play Survey 2024)
- 3. Introduce yard games, which don't require resources, to primary schools. (Identified through Big Play Survey 2024)
- 4. Enhance the play packs available in libraries and Family Centres to cover free or low-cost play ideas.
- 5. Provision of free transport to key play events within Ceredigion.
- 6. Enhance the provision of Inclusive Families to include quiet hour sessions. (Identified through Big Play Survey 2024)













