# TELECARE

### WHAT IS TELECARE?

Telecare is the use of technology to provide health and care services to people in their own homes, helping people to live independently and safely. An example is having a 'lifeline' which is a call button worn as a pendant.

## **TELECARE IN CEREDIGION**

Our person-centred approach working with everyone in the circle of support – family and friends, support workers, other Community Integrated Care colleagues and Health professionals – to ensure the best possible solution is delivered.

#### HOW DOES IT WORK

Telecare links you to a monitoring centre if something goes wrong. Simply pressing the button on your pendant or the response unit will connect you directly to our friendly team. They will be able to speak to you through the loudspeaker on the unit. You may also have equipment that automatically raises the alarm if you are unable to do it yourself.

The team will take immediate action to help you, 24 hrs a day, 365 days a year. This could include contacting a family member, a carer or the emergency services. Meaning customers across Ceredigion can feel confident, safe and secure in their homes.

# **OTHER ASSISTIVE PRODUCTS / TELECARE DEVICES**

Telecare here in Ceredigion can be more than a push button alarm. Some people may have quite specific needs where other devices programmed to the alarm unit would be of particularly useful. The Smart Hub will link with a wide range of sensors around the home and is directly connected to the monitoring centre. Examples of these would be heat, carbon monoxide, fall detection, door and fire and smoke.

## HOW MUCH DOES TELECARE COST?

