

## PSB Project Group Report

Prepared by: Teleri Elias

<b>Well-being Plan Aim</b>	All place-based pilot projects will aim to address the 6 well-being aims as outlined in the Ceredigion Local Well-being Plan 2018-23. A place-based delivery framework will prioritise integration and will incorporate a deep-dive holistic approach to both community and individual resilience.
<b>Our Values</b>	Welsh Language, Tackling Inequalities, Involvement, Sustainability, Leading by Example.
<b>Project Group Name</b>	Improving Community Wellbeing and Tackling Hardship in Cardigan
<b>Chair</b>	<b>Hazel Lloyd-Lubran</b> , Ceredigion Association of Voluntary Organisations (CAVO)

### Project Group Membership *(Names in **bold** signify attendance at meeting)*

Ceredigion County Council	<b>Cllr Elaine Evans</b> , Llyr Hughes, Non Davies, Meleri Richards, Mari Hopkins, Rob Starr, Carys Owens, Cerys Purches-Phillips, Martin Gillard, <b>Catrin George</b> , Catrin Cond, <b>Alison Heal</b> , Dr Sarah Groves Phillips, <b>Carwyn Young</b> , Connor Cook, Bethan James, Cathryn Morgan, Rob Star, <b>Emily Edwards</b> , Rhiannon John Partnerships Team: <b>Timothy Bray</b> , Sara Dafydd, <b>Lynne Walters</b> , <b>Anwen Thomas</b> , <b>Teleri Elias</b>	Wales & West Housing	Rhiannon Ling, Elizabeth Morgan
		Ceredigion Association of Voluntary Organisations	<b>Hazel Lloyd Lubran</b> , <b>Chesca Ross</b>
Hywel Dda University Health Board	Vicki Howell-Williams, Sue John, <b>Terri-Ann Patrick</b> , Jackson Reynolds, Megan Harris, <b>Jan Batty</b>	Ben Lake's Office	Carys Lloyd
Mid & West Wales Fire & Rescue Service	William Bowen, Wayne Thomas, Ritchie Felton	Natural Resources Wales	Aled Davies, Peter Frost, Sarah Coakham

Barcud Ceredigion	Catrin Owen, <b>Sue Thomas</b>	Menter a Busnes	Ann Owen
CAB Ceredigion	Glynis Llewelyn, <b>Juliet Morris</b> , Sue Lewis	Co-production Network for Wales	<b>Vikki Butler</b> , Roxanne Treacy

## SYNOPSIS OF PROJECT GROUP MEETING

### Key Points discussed at Project Group meeting: 18/01/24

#### **11.1 Welcome, Introductions and Apologies:**

Hazel Lloyd Lubran (HLL) introduced everyone to the meeting and the following formal apologies were noted:

Sue Thomas, Barcud

Rhiannon Ling, West Wales Housing Association

#### **11.2 Minutes and matters arising from the previous meeting 23/10/23.**

The minutes of the previous meeting (23<sup>rd</sup> of October) were noted and it was agreed that all matters arising from the discussions had either been addressed or have now been reflected within the agenda for today's meeting and will subsequently be completed.

#### **11.3 Appointing a Chair & Vice Chair**

HLL informed the group that they will temporarily pause consideration of this matter whilst this group settles into the new work and delivery program for the Local Wellbeing Plan 2023-28. In discussion it was confirmed that the group are keen to consider that a representative from the Health Board will support this work and we will re-visit this between now and the next meeting.

**Action: Chair and Partnership Team to discuss options for the position of Chair and Vice-Chair with colleagues from the Health Board.**

#### **11.4 Initial consideration of Draft Terms of Reference and group membership**

The Well-being plan for Ceredigion has been signed off by the PSB, therefore they will now start looking at the Governance and Delivery plan detailing the priorities for action. HLL noted they will be reviewing the membership of this forum and the Draft Terms of Reference will be reviewed to reflect the new structure. LW noted that the TOR's will be based upon Objective 2 within the Local Wellbeing Plan 2023-28 and will facilitate consideration of the priorities outlined at the recent PSB workshops. This project group particularly highlights the place-based work and is embedded in the base-line study report which confirms the standing of wards within the area as being the most deprived across the County. The experience and lessons learnt from this work will be utilised in the future to inform partners in other areas across the County wishing to apply a place-based approach for action. The new Draft TOR's will be circulated to all members following today's meeting.

**Action- Draft TOR's to be circulated for partner's consideration and the current group membership list to be considered by partners for review and update.**

**11.5 PSB Update: Local Well-being Plan 2023-28 – Governance & Delivery Framework for Ceredigion PSB – Including feedback from the PSB.**

A brief update was provided by Tim Bray (TB), based upon the work which is being undertaken for the PSB, to hold objective-based workshops with partners. The workshops were successful and provided great information, all feedback has been considered. Moving forward, they have created an action tracker that includes the objectives, they aim to drive activity on each objective in the main PSB meetings and subgroups. All will receive a copy of this once it has been shown at the main PSB meeting in March. One action that came out of the PSB's meeting last December was to retain for now the place-based structure for the two groups, Lampeter and Cardigan. They have proposed the Aberystwyth group be re-named into a thematic group which covers the whole of Ceredigion. It was suggested at the workshops that they have deep dives at PSB meetings providing a focus on specific topics. The benefit that they saw with the Co-production Network for Wales being present at the place-based group meetings was noted.

There are discussions being held around developing the launch, it was agreed that a Task and Finish group would be beneficial to progress this matter. HLL noted that as a group we need to be thinking of the local well-being plan going forward and considering what programs of work we have that are ongoing that we need others to be involved with, or what we have identified as a gap that we need to be addressing. There needs to be alignment across the 3 place-based groups with the local nature partnership as it's important for their priorities and how these embed themselves within the communities. HLL suggested that they re-look at the data that Rob has supplied in the past, to consider if there are any developments. TB noted that once Gorwel and the dashboard are available, they will provide this updated information.

**Action-Members to consider who would be appropriate for the Task and Finish group to develop the Launch.**

**Action-Share the Local Well-being delivery plan with forum members once it has been shared with the PSB board.**

**Action-Partners to receive a presentation at the next meeting detailing what's planned for the future and what projects have been funded this year which will have direct impact on the Cardigan area.**

**Action- Cllr Elaine Evans to update partners at the next meeting on what plans and priorities the Town Council has for this year.**

**11.6 Presentation: Primary Care cluster profile for South Ceredigion**

Members received a presentation by Jan Batty (JB), Senior Public Health Practitioner, Hywel Dda Public Health Team.

(Contact [partnerships@ceredigion.gov.uk](mailto:partnerships@ceredigion.gov.uk) if you would like a further copy of this presentation) This document provides an overview of data compiled from several sources regarding health challenges. This information is intended to provide an overview of some of the key issues, at the

smallest geographical level available, that have the biggest impact on health matters for the cluster. The health board are developing a primary care strategy, this will provide overarching guidance for primary care and GP practices.

**Action- HLL to raise with Healthier Ceredigion the matter of what projects primary care has around addressing serious health conditions.**

Lynne Walters (LW) suggested looking at a future meeting into the Healthy Weight Healthy Wales strategy to prevent and reduce obesity in Wales. JB will be going on secondment to Healthy Weight Healthy Wales and JB informed the group that it would be Geinor Jones who will be working with Healthy Weight Healthy Wales in Ceredigion. HLL thanked JB for an informative presentation and wished her the best wishes in her new role.

**Action-LW to invite Geinor Jones from Healthy Weight Healthy Wales to a future meeting.**

After discussion, it was further agreed that they would review the membership list and it was suggested that someone from the cardiac specialist nursing team would be beneficial for this group.

**Action – LW to establish links with the Integrated Health Care Centre and contact the Cardiac specialist nursing team.**

### **11.7 Shared Prosperity Fund update and projects to develop Cardigan Town in conjunction with the Town Council**

**Catrin George (Rural Communities Coordinator, Ceredigion County Council)/ Rhiannon John (Rural Towns Development Officer)**

Catrin George (CG) provided an update in the meeting focusing on the shared prosperity funding and focusing specifically on projects in Cardigan. HLL noted the importance of considering employability schemes through the shared prosperity fund, looking at direct links to our surgeries, especially the wards with the younger population. Alison Heal (AH) informed the group of Llais y Goedwig who have funding until the end of March 2025 for strategic volunteering. This could link with nature and employability in getting skills for young people. LW also noted it could be beneficial to the Cardigan area to create a link with the Arfor project to focus on the lack of bilingual capacity in childcare and social care. Also, details were shared of a project that Jane Powell is currently leading, looking at mapping growing areas and allotments across the county. This mapping work is in place until the end of March 2024 and a request was made for the outcomes to be shared with this group. In further discussion under this item AH informed the group of a capital funding of £20,000 to create new growing spaces.

(Contact [partnerships@ceredigion.gov.uk](mailto:partnerships@ceredigion.gov.uk) for a written update by CG).

As a final matter under this item consideration was requested to projects which had been submitted but had not been supported. These potential ideas could hold important information for partners and could assist project leads with future funding applications.

**Action – Contact to be made with Ann Owen and a project update on the Ceredigion Food Network to be shared with the group membership.**

**Action – CG to consider sharing information with the Partnership Team detailing potential future projects which may need a little assistance and improvement prior to possible re-submission.**

### **11.8 Update on the Cardigan School Links Community Project**

#### **Emily Edwards (Community Partnership Manager – Cardigan Community)**

Emily Edwards (EE) introduced herself as the community partnership manager working with both the Primary and Secondary schools in Cardigan. The purpose of her role is to transform both schools into community-focused schools. EE gave a presentation on Cardigan school links and detailed how they work collaboratively to organise several events such as, information sessions, cooking classes for pupils and families, Aber Dads game night, Revision Café for sixth for pupils at The Mwdan, and many more. Members were requested to contact EE for more information on their events : [emily.edwards@ceredigion.gov.uk](mailto:emily.edwards@ceredigion.gov.uk) .

**Action- Add Emily Edwards to the circulation list for this forum.**

### **11.9 Update on the Project Scoping for Well-being Centre (Cardigan area) including an introduction to the focus group work of “TA6 Alliance Leisure”.**

#### **Update by Carwyn Young (Corporate Manager Wellbeing Centres, Ceredigion County Council)**

Carwyn Young (CY) provided an update to members on the Project Scoping for the Well-being Centre in the Cardigan area. Work on the feasibility study is progressing well, their main focus recently has been on public engagement, they started with an online survey that closed in December which received 372 online responses and 5 written responses. It was noted that the feedback was low from the 16-24 age criteria. Moving forward, this data will be processed and analysed. This week they have met with 3 focus groups of individuals that had completed the survey. CY will share the result of the survey as it will be useful to other organisations to consider. There will be more business and community service based focus groups, and they will also be doing strategic stakeholder engagement linking in with the Cardigan integrated care centre. The Cardigan Well-being centre is identified as a priority within the council's forward capital programme and this has also gone forward as one of the local authority's priority projects for the health and social care regional capital program. HLL suggested linking in with different organisations to gain more responses from the 16-24 age group. CY will contact EE to discuss forming a youth focus group with ages 16-24.

### **11.10 Any further Partner updates**

Juliet Morris (JM) notified the group that Sue Lewis, business development officer with Citizens Advice has now left her post. There is now a communication officer post out for advert. More details can be found at [cabceredigion.org](http://cabceredigion.org). Juliet also informed the group that the new framework for CAB services ad been launched across the county and members were encouraged to consider the detail via their webpages which can be found at [www.cabceredigion.org](http://www.cabceredigion.org)

HLL informed the group that soon there will be consultation work happening around the future use of the Tabernacle Chapel in Cardigan and further details will be shared at future meetings.

### **11.11 Standing item: Do we need to liaise with Co-Production Network for Wales on any of the matters raised?**

Nothing was raised by partners.

**11.2 A.O.B –**

**- Ideas for promotional activity video clips.**

TB informed the group they have regional funding available to develop 4 videos, 90 seconds each based upon a lived experience. TB asked members to let him know of any ideas which could be combined flexibly to provide one longer length video if deemed appropriate.

**- Items for PSB consideration at their next meeting on the 4th of March, 2024.**

Nothing was raised by partners.

**Dates of future meetings:**

A provisional meeting date of 11th April was suggested, further dates will be confirmed in due course.

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