

Llun i Sadwrn (oni nodir yn wahanol)

Monday to Saturday (except where shown)

Rhif y Gwasanaeth/Service Number:

	T1 am	T1 am	T1C am	T1 am	T1 am	T1 am	T1 am	T1 pm
Aberystwyth Gorsaf Bws/Bus Station	6.40	7.40	8.40	9.40	10.40	11.40	12.40
Morrisons	6.45	7.45	8.45	9.45	10.45	11.45	12.45
Llanfarian, Royal Oak	6.51	7.51	8.51	9.51	10.51	11.51	12.51
Blaenplwyf	6.55	7.55	8.55	9.55	10.55	11.55	12.55
Llanrhystud, Black Lion	7.03	8.03	9.03	10.03	11.03	12.03	1.03
Llanon, Gwesty'r Central Hotel	7.07	8.07	9.07	10.07	11.07	12.07	1.07
Aberaeron Sgwâr Alban Square	7.22	8.22	9.22	10.22	11.22	12.22	1.22
Ciliau Aeron, opp School	7.30	8.30	9.30	10.30	11.30	12.30	1.30
Felinfach, Ysgol/School	7.36	8.36	9.36	10.36	11.36	12.36	1.36
Llanbedr Pont Steffan/Lampeter Natwest	6.54	7.54	8.54	9.54	10.54	11.54	12.54	1.54
Llanwnnen	8.01	10.01	12.01	2.01
Pencarreg, gyferbyn / opposite Heol y Maes	7.04	9.04	11.04	1.04
Llanybydder, Cross Hands Hotel	7.08	8.08	9.08	10.08	11.08	12.08	1.08	2.08
Llanllwni, Tegfan Garage	7.15	8.15	9.15	10.15	11.15	12.15	1.15	2.15
New Inn	7.20	8.20	9.20	10.20	11.20	12.20	1.20	2.20
Pencader Sgwâr/Square	7.27	8.27	9.27	10.27	11.27	12.27	1.27	2.27
Alltwalis Masons Arms	7.33	8.33	9.33	10.33	11.33	12.33	1.33	2.33
Rhydargaeau	7.39	8.39	9.39	10.39	11.39	12.39	1.39	2.39
Peniel, Square	7.42	8.42	9.42	10.42	11.42	12.42	1.42	2.42
Ysbyty Glangwili Hospital	7.46	8.46	9.46	10.46	11.46	12.46	1.46	2.46
Caerfyrddin/Carmarthen Gorsaf Tren/Rail Station	7.53	8.53	9.53	10.53	11.53	12.53	1.53	2.53
Caerfyrddin/Carmarthen Gorsaf Bws/Bus Station	7.57	8.57	9.57	10.57	11.57	12.57	1.57	2.57
Cross Hands	10.22
Fforest Fach	10.40
Abertawe/Swansea , Gorsaf Bws/Bus Station	11.05
Ffordd Fabian/Fabian Way, Prifysgol/University	11.15
Pen-y-bont ar Ogwr/Bridgend McArthur Glen	11.40
Pencoed, Gwasanaethau/Services	11.45
Bae Caerdydd/Cardiff Bay , Cei y Môr-Forwyn/Mermaid Quay	12.08
Caerdydd/Cardiff , Stryd y Tollty/Customhouse Street	12.15

Rhif y Gwasanaeth/Service Number:

	T1 pm	T1 pm	T1 pm	T1 pm	T1 pm	T1 pm	T1 pm	T1 pm
Aberystwyth Gorsaf Bws/Bus Station	1.40	2.40	3.40	4.40	5.40	6.40	7.45 R	9.40
Morrisons	1.45	2.45	3.45	4.45	5.45	6.45	7.50 R	9.45
Llanfarian, Royal Oak	1.51	2.51	3.51	4.51	5.51	6.51	7.56 R	9.51
Blaenplwyf	1.55	2.55	3.55	4.55	5.55	6.55	8.00 R	9.55
Llanrhystud, Black Lion	2.03	3.03	4.03	5.03	6.03	7.03	8.08 R	10.03
Llanon, Gwesty'r Central Hotel	2.07	3.07	4.07	5.07	6.07	7.07	8.12 R	10.07
Aberaeron Sgwâr Alban Square	2.22	3.22	4.22	5.22	6.22	7.19	8.25 C	10.22
Ciliau Aeron, opp School	2.30	3.30	4.30	5.30	6.30	7.27	8.33	10.30
Felinfach, Ysgol/School	2.36	3.36	4.36	5.36	6.36	7.33	8.39	10.36
Llanbedr Pont Steffan/Lampeter Natwest	2.54	3.54	4.54	5.54	6.54	7.48	8.54	10.49 B
Llanwnnen	4.01	6.01	7.54
Pencarreg, gyferbyn / opposite Heol y Maes	3.04	5.04	7.03	9.03
Llanybydder	3.08	4.08	5.08	6.08	7.07	8.01	9.07
Llanllwni, Garej Tegfan Garage	3.15	4.15	5.15	6.15	7.14	8.08	9.14
New Inn	3.20	4.20	5.20	6.20	7.19	8.13	9.19
Pencader Sgwâr/Square	3.27	4.27	5.27	6.27	7.26
Alltwalis Masons Arms	3.33	4.33	5.33	6.33	7.32	8.20	9.26
Rhydargaeau	3.39	4.39	5.39	6.39	7.38	8.26	9.32
Peniel, Square	3.42	4.42	5.42	6.42	7.41	8.29	9.35
Ysbyty Glangwili Hospital	3.46	4.46	5.46	6.46	7.44	8.32	9.38
Caerfyrddin/Carmarthen Gorsaf Tren/Rail Station	3.53	4.53	5.53	6.53	7.50	8.37	9.43
Caerfyrddin/Carmarthen Gorsaf Bws/Bus Station	3.57	4.57	5.57	6.57	7.53	8.40	9.46

B Mae'r daith yn aros ger y Llew Du yn Llanbedr

This journey stops at the Black Lion in Lampeter **B**

C Cysylltaid (yn aros hyd at 15 munud os bydd angen)

Connection (waits for up to 15 minutes if necessary) **C**

R Defnyddiwr gwasanaeth Brodyr Richards T5

Use Richards Bros service T5 **R**

Gwelwch amserlen ar wahan am Dydd Sul a Gwyl y Banc

Please see separate timetable **Sunday/Bank Holiday timetable**



First Cymru (FC) - 01792 572 255

Dilys o/Valid from 05/12/2016

Caerdydd/Cardiff - Caerfyrddin/Carmarthen - Aberystwyth

T1 T1C

Llun i Sadwrn (oni nodir yn wahanol)		Monday to Saturday (except where shown)							
Rhif y Gwasanaeth/Service Number:		T1 am	T1 am	T1 am	T1 am	T1 am	T1 am	T1 pm	
Caerfyrddin/Carmarthen	Gorsaf Bws/Bus Station	5.55	6.15	7.05	8.05	9.05	10.05	11.05	12.05
Caerfyrddin/Carmarthen	Gorsaf Tren/Rail Station	5.58	6.18	7.09	8.09	9.09	10.09	11.09	12.09
	Ysbyty Glangwili Hospital	6.04	6.24	7.16	8.16	9.16	10.16	11.16	12.16
	Peniel Square	6.08	6.28	7.20	8.20	9.20	10.20	11.20	12.20
	Rhydargaeau	6.11	6.31	7.23	8.23	9.23	10.23	11.23	12.23
	Alltwalis Masons Arms	6.17	6.37	7.29	8.29	9.29	10.29	11.29	12.29
Pencader Sgwâr/Square		7.37	8.37	9.37	10.37	11.37	12.37
New Inn		6.25	6.45	7.42	8.42	9.42	10.42	11.42	12.42
	Llanllwni, Garaj Tegfan Garage	6.30	6.50	7.47	8.47	9.47	10.47	11.47	12.47
	Llanybydder, Heol Y Gaer (HG) Memorial (M)	6.38 HG	6.59 M	7.56 HG	8.56 M	9.56 HG	10.56 M	11.56 HG	12.56 M
	Llanwnnen	6.44	8.02	10.02	12.02
	Pencarreg, gyferbyn / opposite Heol y Maes	7.03	9.00	11.00	1.00
Llanbedr Pont Steffan/Lampeter	Black Lion	6.51	7.13	8.09	9.10	10.09	11.10	12.09	1.10
	Felinfach, Ysgol/School	7.27	8.27	9.27	10.27	11.27	12.27	1.27
	Ciliau Aeron, opp School	7.33	8.33	9.33	10.33	11.33	12.33	1.33
Aberaeron	Sgwâr Alban Square	7.47	8.47	9.47	10.47	11.47	12.47	1.47
	Llanon, Gwesty'r Central Hotel	7.57	8.57	9.57	10.57	11.57	12.57	1.57
	Llanrhystud, Black Lion	8.02	9.02	10.02	11.02	12.02	1.02	2.02
Blaenplwyf		8.09	9.09	10.09	11.09	12.09	1.09	2.09
	Llanfarian	8.13	9.13	10.13	11.13	12.13	1.13	2.13
	Morrisons	8.18	9.18	10.18	11.18	12.18	1.18	2.18
Aberystwyth	Gorsaf Bws/Bus Station	8.24	9.24	10.24	11.24	12.24	1.24	2.24

Rhif y Gwasanaeth/Service Number:		T1 pm	T1 pm	T1 pm	T1 pm	T1 pm	T1C pm	T1 pm	
Caerdydd/Cardiff	Stryd y Tollty/Customhouse Street	4.40	
Bae Caerdydd/Cardiff Bay	Cei y Môr-Forwyn/Mermaid Quay	4.48	
	Pencoed, Gwasanaethau/Services	5.10	
	Pen-y-bont ar Ogwr/Bridgend McArthur Glen	5.15	
	Ffordd Fabian/Fabian Way, Prifysgol/University	5.40	
Abertawe/Swansea	Gorsaf Bws/Bus Station	5.50	
	Fforest Fach	6.15	
	Cross Hands	6.35	
Caerfyrddin/Carmarthen	Gorsaf Bws/Bus Station	1.05	2.05	3.05	4.05	5.05	6.05	7.05	
Caerfyrddin/Carmarthen	Gorsaf Tren/Rail Station	1.09	2.09	3.09	4.09	5.09	6.09	7.09	
	Ysbyty Glangwili Hospital	1.16	2.16	3.16	4.16	5.16	6.16	7.16	
	Peniel Square	1.20	2.20	3.20	4.20	5.20	6.20	7.20	
	Rhydargaeau	1.23	2.23	3.23	4.23	5.23	6.23	7.23	
	Alltwalis Masons Arms	1.29	2.29	3.29	4.29	5.29	6.29	7.29	
Pencader Sgwâr/Square		1.37	2.37	3.37	4.37	5.37	6.37	7.37	
New Inn		1.42	2.42	3.42	4.42	5.42	6.42	7.42	
	Llanllwni, Garej Tegfan Garage	1.47	2.47	3.47	4.47	5.47	6.47	7.47	
	Llanybydder, Heol Y Gaer (HG) Memorial (M)	1.56	2.56 M	3.56 HG	4.56 M	5.56	6.56 M	7.56 HG	
	Llanwnnen	2.02	4.02	6.02	8.02	
	Pencarreg, gyferbyn / opposite Heol y Maes	3.00	5.00	7.00	
Llanbedr Pont Steffan/Lampeter	Black Lion	2.15	3.15	4.15	5.15	6.15	7.15	8.15	10.50 B
	Felinfach, Ysgol/School	2.27	3.27	4.27	5.27	6.27	7.27	8.27	11.09 A
	Ciliau Aeron, opp School	2.33	3.33	4.33	5.33	6.33	7.33	8.33	11.15
Aberaeron	Sgwâr Alban Square	2.47	3.47	4.47	5.47	6.47	7.54 R	8.47	11.24
	Llanon, Gwesty'r Central Hotel	2.57	3.57	4.57	5.57	6.57	8.04 R	8.57	11.34
	Llanrhystud, Black Lion	3.02	4.02	5.02	6.02	7.02	8.09 R	9.02	11.39
Blaenplwyf		3.09	4.09	5.09	6.09	7.09	8.16 R	9.09	11.46
	Llanfarian, Royal Oak	3.13	4.13	5.13	6.13	7.13	8.21 R	9.13	11.50
	Morrisons	3.18	4.18	5.18	6.18	7.18	8.27 R	9.18
Aberystwyth	Gorsaf Bws/Bus Station	3.24	4.24	5.24	6.24	7.24	8.33 R	9.24	11.57

B gall fod 5 munud yn hwyrach yn ôl y galw may be 5 minutes later due to diversion on demand **B**
R Brodyr Richards Brothers T5 **C** Gwasanaeth Cyswllt/Connecting Service **A** Drwy/Via Llanwnnen - 10.56pm / Cribyn - 11.03pm
Gwelwch amserlen ar wahan am Dydd Sul a Gwyl y Banc Please see separate timetable Sunday/Bank Holiday timetable